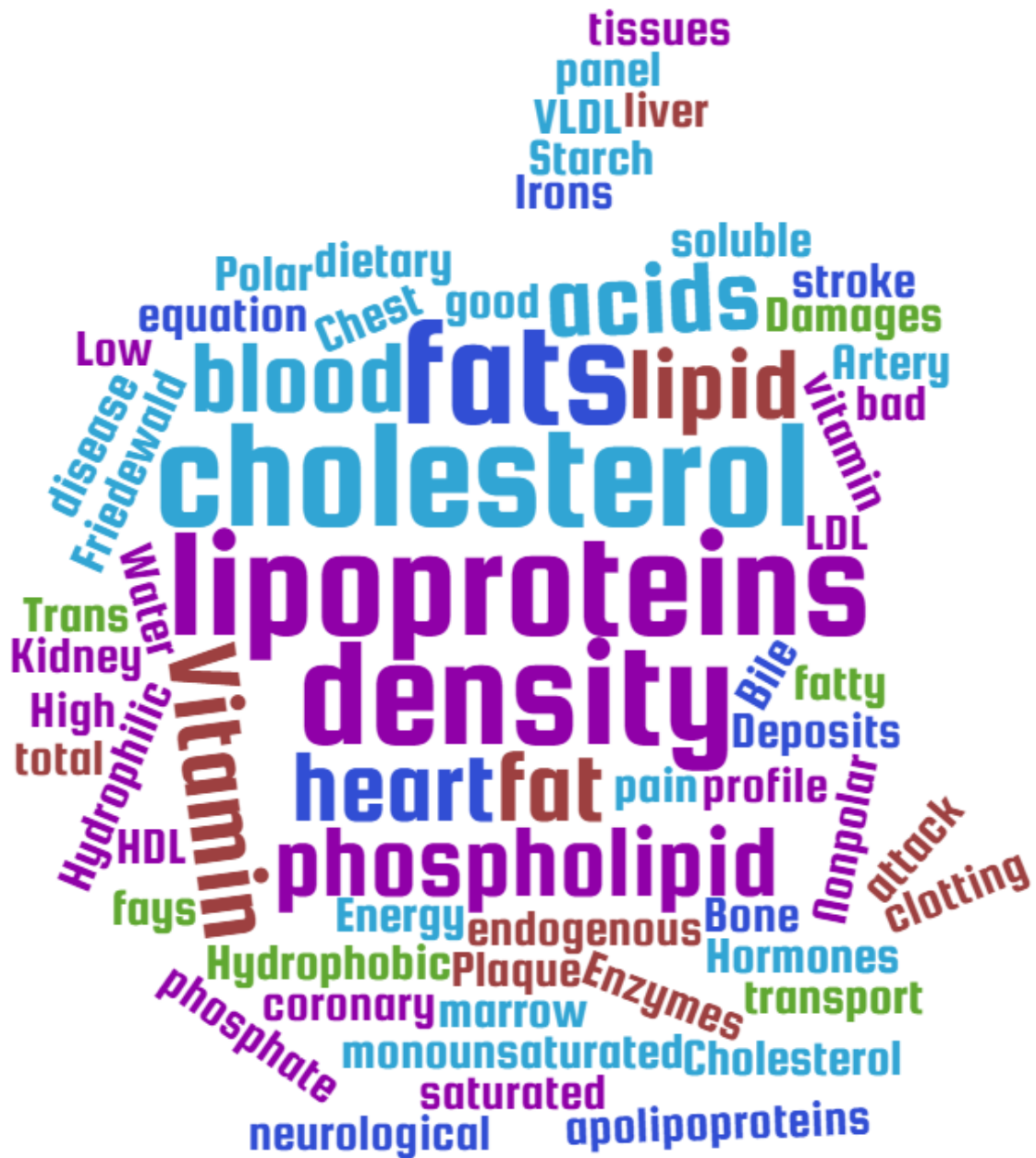


# LIPOPROTEINS



## Instructions:

Choose the most appropriate answer for the given question.

To generate a new set of questions, click on 'Print'.

### QUESTION-1

Which of the following statements is correct

- a) Vitamin A is fat insoluble
- b) Vitamin A is fat soluble
- c) Vitamin A is water soluble
- d) Vitamin A is insoluble

Answer::: .....

### QUESTION-2

Which of the following apolipoproteins is crucial for returning excess cholesterol from peripheral tissues to the liver

- a) apoA1
- b) apoB
- c) apoE
- d) apoM

Answer::: .....

### QUESTION-3

Plaque that narrows arteries increases the risk of heart attack and .....

- a) Disease

- b) Low blood pressure
- c) Stroke
- d) Damages

Answer::: .....

#### QUESTION-4

An amphipathic molecule has "â€"â€".....

- a) neither a hydrophilic component nor a hydrophobic component
- b) no hydrophilic component
- c) either a hydrophilic component or a hydrophobic component
- d) both a hydrophobic and a hydrophilic component

Answer::: .....

#### QUESTION-5

Which of the following statements is correct

- a) Trans fats are good fats
- b) To raise your HDL level, you need to eat more saturated fats
- c) Unsaturated fats can raise your HDL level
- d) Saturated fats are good fats

Answer::: .....

#### QUESTION-6

**Hig density lipoproteins transport cholesterol from .....**

- a) The heart to the tissues of the body
- b) The tissues of the body to the liver
- c) The liver to the tissues of the body
- d) The heart to the liver

**Answer::: .....**

**QUESTION-7**

**In a blood test, total cholesterol score is the sum of .....**

- a) HDL and LDL
- b) HDL and VLDL
- c) HDL, LDL, and 20% of triglycerides
- d) LDL and VLDL

**Answer::: .....**

**QUESTION-8**

**Which of the following statements is incorrect**

- a) Very low density lipoproteins are high in triglyceride
- b) High density lipoproteins are high in protein content
- c) Low density lipoproteins are characterized by high levels of cholesterol
- d) Cholesteryl esters is highly soluble

Answer::: .....

### QUESTION-9

Which of the following is needed for blood clotting

- a) Polyunsaturated fats
- b) Monounsaturated fats
- c) Saturated fats
- d) Trans fats

Answer::: .....

### QUESTION-10

The measurements of ..... levels are frequently used to assess the risk of future coronary heart disease or stroke

- a) Protein
- b) Lipids
- c) Vitamins
- d) Carbohydrate

Answer::: .....

# ----Answer Sheet----

1) Vitamin A is fat soluble

2) apoA1

3) Stroke

4) both a hydrophobic and a hydrophilic component

5) Unsaturated fats can raise your HDL level

6) The tissues of the body to the liver

7) HDL, LDL, and 20% of triglycerides

8) Cholesteryl esters is highly soluble

9) Polyunsaturated fats

10) Lipids